

HOW TO WEAR A SURGICAL MASK

INSTRUCTION FOR USE



1. Perform hand hygiene before donning mask



2. Holding mask by ear loops, place loops around each ear.



3. Pull top and base of mask over mouth and chin. Mold malleable strip at the top edge of mask to shape of nose.



4. Ensure the proper side of the mask faces outwards.



5. Do not touch the outside of the mask as it may be contaminated

IMPROPER USE



1. Do not criss-cross the ear loop before wrapping it around each ear. This may create gaps allowing particles to enter.



2. Ensure the mask covers both the nose and mouth

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RECOMMENDATIONS

Low Barrier	Moderate Barrier	High Barrier
Physical Barrier only	Moderate fluid Resistance	High Fluid Resistance
ASTM Level 1/ Type I	ASTM Level 2/ Type II	ASTM Level 3/Type IIR
Clinical use: exams, short procedures that do not involve fluids, sprays or aerosols.	Clinical use: light to moderate amounts of spray and/or aerosols produced.	Clinical use: Moderate to heavy amounts of fluid, spray and/or aerosols produced.
No filtration efficiency	Will filter bacteria >98% Will filter particles >98% 0.1 micron	Will filter 98% of bacteria and particles 0.1 micron

WHO

Medical masks are recommended in health care settings. However, it is important to remember that the use of masks should be combined with other key infection prevention and control measures such as hand hygiene and physical distancing, as they do not serve all purposes to protect against COVID-19*

*<https://www.who.int/emergencies/diseases/novel-coronavirus-2019/question-and-answers-hub/q-a-detail/q-a-on-covid-19-and-masks>

CDC

"Dental Health Care Professionals should wear a surgical mask, eye protection (goggles, protective eyewear with solid side shields, or a full-face shield), and a gown or protective clothing during procedures likely to generate splashing or spattering of blood or other body fluids.*

*CDC Interim Infection Prevention and Control Guidance for Dental Settings During the COVID-19 Response

<https://www.cdc.gov/coronavirus/2019-ncov/hcp/dental-settings.html#PPE>

If a respirator is not available for an aerosol-generating procedure, use both a surgical mask and a full-face shield. Ensure that the mask is cleared by the US Food and Drug Administration (FDA) as a surgical mask (https://www.cdc.gov/niosh/npptl/topics/respirators/disp_part/n95list1sect2-m.html). Use the highest level of surgical mask available. If a surgical mask and a full-face shield are not available, do not perform any aerosol-generating procedures.

Local/Regional Regulations

Users should consult their local regulations and requirements or check their local public health authorities