

DS China: Well-being initiative for employees



While the coronavirus outbreak has forced employees to stay home for several months, the team of DS China has found an innovative way to stay in touch and have fun. During the months of April and May, daily sports sessions animated the lives of our colleagues and their families in China.

The aim of these sessions was to stay healthy and have fun, but also to combat anxiety and enhance communication among employees through the creation of a WeChat platform to interact and share their experiences.



While no professional coach has been employed, four activities - Burpee, plank, yoga and aerobics - each lasting two weeks were led by fitness-loving employees who designed simple, efficient and easy-to-do exercises at home. A bonus point system through which employees earned points by releasing sport videos and photos on WeChat or even recommending the activities to a colleague has also been put in place, allowing employees to receive awards if they finish on the podium.

So far, almost 100 Dentsply Sirona employees in China have participated in this initiative and a lottery has been created for the occasion. After each daily session, the participants of the day have the opportunity to scan a QR code and win a small prize.