

## Leading Self: Future Focused Conversations

The following quick guide is provided the Leadership & Organizational Development team and gives an overview on the topic 'Future Focused Conversations' as well as tips on how to develop a Futurist Mindset.

We live in a world that is changing faster than humans can currently internalize. It has become clear that a short-term focus is not preparing us to progress forward efficiently and effectively in the face of our greatest challenges and opportunities. Therefore, having a Futurist Mindset is necessary. A Futurist Mindset is a way of understanding ourselves, others and the universe around us. Having this mindset goes beyond just being able to think about the future — it is a way to live with purpose and passion as we strive for something more.

Future-Focused Conversations can be seen as a tool and driving force behind incredible changes. Anyone can do it and it helps focusing on the future, feedforward, embracing changes and identifying opportunities to do better. By sharing your current situation with others and utilizing their feedback you can have a different perspective on things and use that to establish a connection to a vision and put it into action.

By framing our conversations as future- or growth-focused discussions, we can explore immense possibilities and be more likely to thrive as individuals, a team or a company. It not only helps us acknowledge uncertainty, anticipate future challenges and see opportunities to get the best results out of situations, but also brings engagement, inspiration, innovation and collaboration among colleagues within and across teams.

People around you, in your team or in other teams, have valuable resources – their knowledge, experiences and ideas – that can help you to do better. Mistakes happen and we can't change the past, but we can see it as an opportunity to learn and grow and use these experiences in the future. Connect with different people to use their experience and expertise. Therefore, identify what you want to achieve and who you want to reach out to. Afterwards think about what questions, problems, ideas you want to discuss and brainstorm and prepare some background information (if necessary).

With a Futurist Mindset, we see ourselves as someone who can step back from intangible societal influences and create better choices for ourselves, the organizations we are a part of, and society at large.

Find the Quick Guide [here](#).